

The Beach-Couples



Journaling Brainstorms

- (You is written to include you and/or your companion-be sure to include memories from/about both of you)
- “Top 5-10” facts / activities / highlights about the beach trip
 - Pictures / pages of each
- Which beach did you visit? How did you choose this particular beach? Include the name, location, distance from home, why were you there. (vacation, honeymoon)
 - Picture of sign, car packed up, you together getting ready to leave and then at the beach
- What did you call the beach – any special names? What did you say when you first saw it? Describe the excitement you felt or the words that were said
- What did you say / feel about the sand / water / waves? Did you like it?
 - Pictures of you in sand / water / waves
- Did you make sand castles? How difficult was it? Was one of you more patient, meticulous, or determined than the other?
 - Pictures of completion as well as during building
- Did you do anything special before / after (lunch, lots of sunscreen, new suits, lunch)
 - Pictures of activities
- What activities did you do? (Sand volleyball, build sand castles, frisbee, shell hunting, swimming, walking along beach, etc)
 - Pictures of each
- Did you find shells? How do shells make you feel?
 - Picture of you with shells
- How do you feel when you walk along / sit on the beach with your companion? Do you find it peaceful, romantic, boring?
 - Picture of you together on the beach
- How do you feel when you walk along the beach? Do you have any special memories about walking along / visiting the beach? How do you feel with the sand on your feet or as you play in the water? (Be sure to ask your companion as well)
- What did you feel / say after the beach visit?
 - Pictures of before / after
- Keep the sand in a safe clear envelope
- Keep any receipts, tickets, pamphlets you have

Page Title Brainstorms

Beach Babe

...(Name)...Construction Company (sand castles)

Beach Bums

The Wonderful Water

Beautiful Beach

Walking With My Love

Scriptures

The earth is the Lord's, and everything in it, the world and all who live in it; for He founded it upon the seas, and established it upon the waters. *Psalm 24:1-2*

Many waters cannot quench love; rivers cannot wash it away... *Song of Solomon 8:7*



